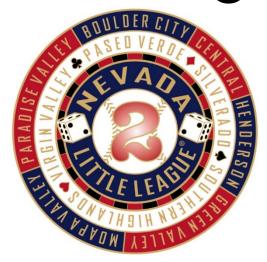
# Western Region Boulder City Little League



"Where Safety comes First" 2024 Safety Plan



League ID #: 04280210

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# Boulder City Little League Safety Program

# **Safety Mission Statement**

Boulder City Little League is a non-profit organization run by volunteers whose mission is to provide an opportunity for our community's children to learn the game of baseball in a safe and friendly environment.

# 2024 Board of Directors

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Requirement	1.

Title Title	Name	E-Mail	Phone Number
President	Mike Flake	flakemichael@hotma	il.com 702-337-8562
Vice President-BB	Emily Spra	igno perfecteme05@ya	hoo.com 661-675-5739
Vice President-SB	Mike Keeto	on micheaelkeeton@m	<u>e.com</u> 702-290-9667
Secretary	Lily-ann O	sman lily.magily@gma	<u>il.com</u> 702-569-1921
Treasurer	Rose Hess	mrsrosiehess@gmail	.com 702-756-3659
Safety Officer	Carolyn Kle	ein <u>ckclassact2002@ya</u>	hoo.com 702-327-6089
Player Agent	Roger Quiri	n rogerpfd@hotmail.co	om 702-860-5576
Coaches Coordinator	Tyler Palme	er pwee1984@gmail.co	<u>m</u> 702-738-0608

# **Distribution of Safety Manual**

#### **Requirement 2:**

Each team will receive a paper copy of this safety manual. Managers and or Team Safety Officers should have a copy of the safety manual at all league functions.

# **EMERGENCY PHONE NUMBERS**

Police Emergencies	911
Non-threat Emergency	311
Fire	911
Non-Emergency	702-293-9224
Ambulance Dispatch	702-384-3400
Clark County Health District	702-385-1291
Animal Control	702-293-9283
Park Marshal	702-229-6444

# **NEIGHBORING HOSPITALS**

Boulder City Hospital 702-293-4111 901 Adams Blvd

Boulder City, NV 89005

St. Rose Hospital 702-616-4870

106 Lake Mead

Las Vegas, NV 89015

Spring Valley Hospital Medical Center 702-853-3333

5400 S. Rainbow Blvd. Las Vegas NV 89118

Henderson Hospital 702-963-7000

1050 W Galleria Dr. Henderson, NV 89011

Southern Hills Hospital 702-880-2100

9300 West Sunset Las Vegas, NV

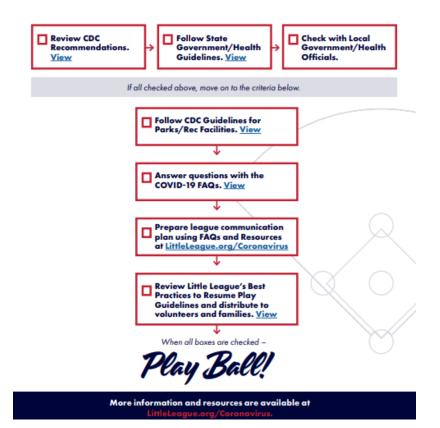
University Medical Center 702-383-2000

1800 W. Charleston Blvd. Las Vegas, NV 89102

Valley Hospital Medical Center 702-388-4000

620 Shadow Lane Las Vegas, NV 89106

# As your local league considers returning to play, keep these resources in mind:



# STAY SAFE ON AND OFF THE FIELD



**Stay home** if you are sick.



Bring your own equipment and gear (if possible)



Cover your coughs and sneezes with a tissue or your elbow.

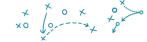


Wash your hands or use sanitizer before and after events and sharing equipment.



**Tell a coach** or staff member if you don't feel well.









#### Requirement 4:

Little League International has established criteria for each chartered league's performance of an investigation into the background of all individuals who volunteer in any capacity. Each volunteer will be required to complete a volunteer application from and provide a copy of their government issued photo identification. The minimum requirement for these background investigations is verification that volunteers are not registered sex offenders. To provide additional protection to the children we will submit a list of all volunteers to JDP. A background investigation that will list any convictions nationwide will be completed. Upon clearance of individual background investigations all volunteers will be notified by The Board of Directors.

Little League Do not use forms from			eer Applica paper to complete if addit			E
This volunteer application should only be used if a league is manually enterin or an outside background check provider that meets the standards of Little Le THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP ( <u>LittleLeague.org/LocalBGcheck</u> for more information.	ague Regula QUICKAPP. V	tions 1(c)9. 'isit	7. Have you ever been refuse ineligible list?  If yes, explain:			☐ Yes [
A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE & COMPLETE THIS APPLICATION.	ATTACHED TO	•	In which of the following w	,		,
All RED fields are required.				Umpire	☐ Manager	☐ Concession Stand
Name	Date		Coach	Field Maintenance	•	Other
Name         First         Middle Name or Initial         Last           Address			Please list three references, or youth program:			
City State Zi			Name/Phone			
Social Security # (mandatory)						
Cell Phone Business Phone						
Home Phone: E-mail Address:						
Date of Birth			IF YOU LIVE IN A STATE THAT RE			
Occupation			BACKGROUND CHECK, FOR AS A CONDITION OF VOLUM			
Employer			me now and as long as I continu which contain name only search	ue to be active with the organi	ization, which may include a r	review of sex offender registrie
Address  Special professional training, skills, hobbies:  Community affiliations (Clubs, Service Organizations, etc.):			which contain name only search history records. I understand that background. I hereby release an officers, employees and volunte that, regardless of previous appo that, prior to the expiration of my of Little League policies or princi	t, if appointed, my position is co ad agree to hold harmless from ers thereof, or any other perso pintments, Little League is not ob y term, I am subject to suspensi	onditional upon the league recr liability the local Little League on or organization that may probligated to appoint me to a vol	siving no inappropriate informa , Little League Baseball, Incorp ovide such information. I also u unteer position. If appointed, I u
Previous volunteer experience (including baseball/softball and year):			Applicant Signature			Date
			If Minor/Parent Signature			
Do you have children in the program?  If yes, list full name and what level?	☐ Yes	□ No	Applicant Name (please pri			
2. Special Certification (CPR, Medical, etc.)? If yes, list:			NOTE: The local Little League a creed, color, national origin, mo	nd Little League Baseball, Inco arital status, gender, sexual ori	orporated will not discriminate ientation or disability.	against any person on the bo
Do you have a valid driver's license?     Driver's License#:     State	Yes Yes					
Univer s Licenser: State  4. Have you ever been charged with, convicted of, plead no contest, or guilty to any crimminor, or of a sexual nature?  If yes, describe each in full:  (If volunteer answered yes to Question 4, the local league must contact Little League	me(s) involving	or against a	System(s) used for bac Review the Little Leag JDP (Includes rev	npleted by league officer _ kground check (minimum of yue Regulation 1 (c)(9) for view of the US. Center of S onal Ineliaible/Suspender	of one must be checked):  r all background check re  SafeSport's Centralized Di  d List)*	on quirements scplinary Database and Lit
Have you ever been convicted of or plead no contest or guilty to any crime(s)?  If yes, describe each in full:  [Answering yes to Question 5, does not automatically disqualify you as a volunteer.]		□ No	☐ National Crimina ☐ National Sex Of		U.S. Center of SafeSp Database and Little Le Ineligible/Suspended	
6. Do you have any criminal charges pending against you regarding any crime(s)?  If yes, describe each in full:	☐ Yes	□ No	you should notify volunteers	that they will receive a letter or	atch in the few states where only email directly from JDP in comp	name match searches can be per liance with the Fair Credit Repor y not necessarily be the league vo
(Answering yes to Question 6, does not automatically disqualify you as a volunteer.	r.)			lication copies of backgrou ion of Abuse Awareness To		al convictions of this applica I to league



I trust in God I love my country And will respect its laws I will play fair And strive to win But win or lose I will always do my best

- 2024



# Little Le Do not use forms from past years. Use extra paper to complete if additional space

This volunteer application can be used or for leagues that are using an outsid of Little League Regulation 1(c)9. Visit	le background check provider t	hat meets the standards	Special professional training, skills, hobbies:
All RED fields are required.			Special Certifications (CPR, Medical, etc.):
Name			Special Affiliations (Clubs, Services Organizations, etc.) :
First	Middle Name or Initial	Last	Special Allifolis (Clobs, Services Organizations, etc.).
Address			
City			Previous volunteer experience (including baseball/softball and years (s)):
Home Phone:			
Work Phone:			IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S
Driver's License#:			BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: LittleLeague.org/BgStateLaws
Have you ever been charged with, convicted a minor, or of a sexual nature?  If yes, describe each in full:  (If volunteer answered yes to Question.)		Yes   No	Manager Scorekeper Concession Stand Other
Have you ever been convicted of or plead     If yes, describe each in full:     (Answering yes to Question 2, does not	automatically disqualify you as a volu	nteer.)	AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check[s] on me now and as long as I continue to be active with the organization, which may include a netwive of sex offender registres (some of which contain name only, searches, which may result in a report being generated that may or may not be mel, build abuse and criminal history records. I understand that, if appointed, my positions is codification upon the feague receiving no inappropriate information on my background. I hereby release and agree to hold harmless from lockfilly the local tittle League, tittle League Bassboll, Incorporated, the officers, amployees and volunteers freetage, or any other person or agranization that may provide such information.
Do you have any criminal charges pending a     If yes, describe each in full:     (Answering yes to Question 3, does not			I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, Understand that prior to the expirition of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.
Have you ever been refused participation in ineligible list?     If yes, explain:		☐ Yes ☐ No	Applicant Name (please print or type)
(If volunteer answered yes to Question			Applicant Signature Date
would you like to	participate? (Check one Coac or more.) Umpi ague Official Field		Background check completed by league officer on  System(s) used for background check (minimum of one must be checked): Review the Little League Regulation 1(c)(9) for all background check requirements
A COPY OF VALID GOVERNMENT ISS COMPLETE THIS APPLICATION (NOT NI			JDP (Includes review of the U.S. Center of SafeSport's Centralized Discplinary Database and Little   League International Ineligible/Suspended List)   OR
Please provide updated information be requesting a new position.	below if there are any changes	from previous years or	□ National Criminal Database check □ U.S. Center of SafeSport's Centralized Discplinary Database and Little League International Ineligible/Suspended List
Occupation:			*Please be advised that if you use JDP and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter or email dealorly from JDP in compliance with the fair Credit Reporting Ac containing information regarding all the criminal records associated with the name, which may not necessarily be the largue volunteer.
Employer:			Only attach to this application copies of background check reports that reveal convictions of this application.
Address:			Proof of completion of Abuse Awareness Training for Adults provided to league

Last Updated: 10/25/23



**Safety Manual & First-Aid Training:** 

1/20/24

Vets Memorial 9a-12p

Requirement 2: Each team will receive a paper copy of this safety manual. Managers and or Team Safety Officers should have a copy of the safety manual at all league functions.

# **Field Inspections and Storage Procedures**

#### **Requirement 7:**

#### BERORE THE SEASON STARTS

- ✓ Familiarize yourself with the safety materials.
- ✓ Appoint a Safety Parent for your team. They need to be at all the games and have a cellular phone. It can be an Assistant Coach.

#### PRIOR TO EACH GAME

- ✓ Complete a field safety checklist. Report any problems to your commissioner. Or to the League Safety Officer.
- ✓ Check the team equipment for any problems. Report any equipment problems to the Equipment Manager.
- ✓ Check the contents in your team's first aid kit. Contact the League Safety Officer for any items that need to be replaced.

#### STORAGE SHED

The following applies to the entire storage shed used by the League and applies to anyone who has been issued a key to use those sheds.

- ✓ All individuals are aware of their responsibility for the orderly and safe storage of rakes, shovels, and bases.
- ✓ Before you use any equipment located in the shed (lights, scoreboards, etc.) please read the written operating procedures for that equipment.
- ✓ All chemicals or organic materials stored in the sheds shall be properly marked and labeled as to its contents.
- ✓ Any witnessed "loose" chemicals or organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

# PRE-GAME FIELD INSPECTION CHECK LIST

#### **MANAGERS NAME:**

FIELD:

**DATE:** Time:

Ditte.				
Yes	No	<b>Catchers Equipment</b>	Yes	No
		Hockey Catchers Helmet		
		Dangling Throat Guard		
		Helmets		
		Catcher's Mitt		
		Chest Protector		
		Shin guards		
		Dugouts	Yes	No
		Fencing Needs Repair		
		Bench Needs Repair		
		Trash Cans		
		Clean Up Is Needed		
	Yes	Yes No	Hockey Catchers Helmet  Dangling Throat Guard  Helmets  Catcher's Mitt  Chest Protector  Shin guards  Dugouts  Fencing Needs Repair  Bench Needs Repair  Trash Cans	Hockey Catchers Helmet  Dangling Throat Guard  Helmets  Catcher's Mitt  Chest Protector  Shin guards  Dugouts  Fencing Needs Repair  Bench Needs Repair  Trash Cans

Coaches' boxes Lined					
Free Of Foreign Objects			Spectator Area	Yes	No
Grass Surface Even			Bleachers Need Repair		
			Protective Screens Ok		
Player Equipment	Yes	No	Bleachers Clean		
Batting Helmets			Parking Area Safe		
Jewelry Removed			Safety Equipment	Yes	No
Shoes/Bats Inspected			First-aid Kit Each Team		
Face Mask (Minor/Mjrs)			Medical Release Forms		
Proper Cleats			Ice Pack/Ice		
Athletic Cups (boys)			Safety Manual		
Full Uniform			Injury Report Forms		
Bats Meet Standards			Drinking Water		

REPORT ANY PROBLEMS TO YOUR COMMISSINER OR SAFETY OFFICER. Turn this form into the concession stand or to your division Rep.

#### **Requirement 8:**

Annual Little League Facility Survey will be submitted in the Data Center.

# **Concession Stand Guidelines**

#### **Requirement 9:**

Every worker must be instructed on these guidelines before they can work.

## Wash your hands regularly:

- Use soap and warm water.
- Rub your hands vigorously as you wash them.
- Wash all surfaces including the backs of hands wrists, between fingers and under fingernails.

- Rinse hands well.
- Dry hands well.
- Dry hands with paper towels.
- Turn off water using paper towel, instead of your bare hands.

# Wash your hands in this fashion before you begin work and especially after performing any of these activities:

- After touching bare human body parts other than clean hands and clean exposed portions of arms.
- After using restrooms.
- After caring for or handling animals.
- After coughing, sneezing, using a handkerchief or disposable tissue.
- After touching soiled surfaces.
- After drinking, using tobacco, or eating.
- During food preparation.
- When switching from raw to ready to eat foods.
- After engaging in activities that contaminate hands.

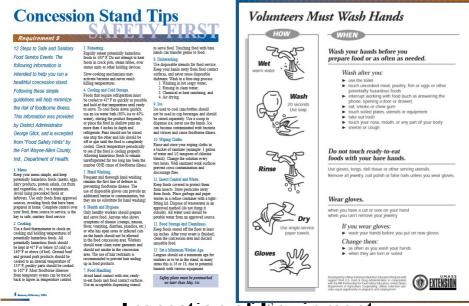
#### **Basic Rules:**

- 1. Menu... smaller is better. No salads cut up fruit or vegetables, no food prepared at home.
- 2. Cook food thoroughly. Use a meat thermometer. Keep hotdogs and burgers at 41 degrees when cold and cook to 155 degrees or above when hot.
- 3. Rapidly reheat foods to 165 degrees. Slow cooking devices may activate bacteria and never reach killing temperatures.
- 4. All foods that require refrigeration must be cooled to 41 degrees F. as quickly as possible and held there until ready to use. To cool foods quickly, use the ice water bath (60% ice and 40% water), stirring the product frequently, or place their food in shallow pans no more than 4 inches in depth and refrigerate. Pans should not be stored one a top of the other and lids should be off or afar until the food is completely cooled. Check the temperature periodically to see if the food is cooling properly. DO NOT LEAVE FOOD OUT AT ALL!!
- 5. FREQUENT AND THOROUGH HANDWASHING IS REQUIRED.
- 6. Only healthy people should prepare and serve food. Anyone with any symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, cough etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers' clothes should be clean, and they should not smoke in the concession area. Hair restraints are recommended.
- 7. Food handling: Avoid hand contact with raw food, ready-to-eat foods, and food contact surfaces. Use a utensil and/or glove.
- 8. Use disposable utensils for food service. Keep your hands away from food contact surfaces and never reuse disposable dishware. Ideally utensils should be washed in a four-step method: (1) Hot soapy water, (2) Rinsing in clean water, (3) Chemical or heat sanitizing, (4) Air drying.

- 9. Ice that is used to cool cans/bottles should not be used in cup beverages. And should be stored separately. Use scoop to dispense ice, never use hands.
- 10. Wiping cloths should be rinsed and stored in a bucket sanitizer. (1-gallon water and  $\frac{1}{2}$  tsp. chlorine bleach. Change the solution every 2 hours.
- 11. Insect control and waste. Keep food covered to protect it from insects. Store pesticides away from food. Place garbage and paper waste in a refuse container with a lid that fits tightly. Dispose of all water in the restrooms, do not pour outside. All water that is used should be potable from an approved source.
- 12. Keep food stored off the floor at least 6 inches. After your event is finished, clean the concession area and discard any unusable food. Do not save food for reheating.

#### THE TOP SIX CAUSES FOR ILLNESS

- 1. Inadequate cooling and cold holding.
- 2. Preparing food too far in advance of service.
- 3. Poor personal hygiene and infected personnel.
- 4. Inadequate reheating.
- 5. Inadequate hot holding.
- 6. Contaminated raw foods and ingredients.



# **Inspection of Equipment**

#### **Requirement 10:**

- This Little League requires regular inspection of playing equipment.
- Unsafe equipment should not be given in team equipment bags.
- Manager's Coaches and Umpires are required to inspect equipment prior to each use.
- Bad equipment will be logged and will be removed and destroyed.

# **Accident Reporting Procedure**

#### **Requirement 11:**

**What to Report:** An incident that causes a Payer, Manager, Coach or Umpire to receive medical treatment or first aid must be reported to The Safety Officer.

When to Report: All such incidents described above must be reported to The Safety Officer within 24 to 48 hours of the incident.

The Safety Officer is NAME: Carolyn Klein

Cell Number: 702-327-6089

Email: ckclassact2002@yahoo.com

**How to Make a Report:** Reporting incidents can come in a variety of forms. Most typically they are telephone conversations. At a minimum, the following information is needed.

- 1. The name and address of the injured person.
- 2. The date, time, and location of the incident.
- 3. A completely detailed description of the incident as possible.
- 4. The preliminary estimation of the extent of the injury.
- 5. The name and phone number of the person making the report.
- 6. Names and phone numbers of any witnesses.

In your safety packet you will find the injury report forms. If your Safety Parent is there, he/she can assist you in getting the front of the form filled out. Then a call is to be made to The Safety Officer reporting the incident within 48 hours. Little League insurance is a supplemental insurance to the insured's own insurance. There is a small deductible.

**How to Replace the Injury Report Forms:** The forms can be replaced by The Safety Officer or downloaded from <a href="https://www.leagueleague.org">www.leagueleague.org</a> found under forms and publications.

# FIRST AID KITS

#### **Requirement 12:**

Each team is provided with a league issued first aid kit. Each kit includes the following.

- (10) Adhesive sterile bandage
- (2) Extra-large adhesive sterile bandage
- (2) Non-adherent pads 2 x 3

- (2) Gauze pad 12-ply 3 x 3 sterile
- (1) Adhesive tape
- (2) Instant cold compress 4 x 4
- (3) Triple antibiotic ointment
- (3) Antiseptic towelette
- 1/8 oz. Burn Cream
- (3) Sting relief wipes
- (1) Tweezers

# **Communicable Disease Procedures**

- 1. Bleeding must be stopped, the open wound covered, and the uniform changed if there is blood on it before the athlete may continue.
- 2. Routinely use gloves to prevent mucous membrane exposure when contact with blood or other body fluids is anticipated (Provided in the first aid kit).
- 3. Immediately wash hands and other skin surfaces if contaminated with blood.
- 4. Clan all blood contaminated surfaces and equipment.
- 5. Managers, Coaches, and Volunteers with open wounds should refrain from all direct contact until the condition is resolved.
- 6. Follow accepted guidelines in the immediate control of bleeding and disposal when handling bloody dressings, mouth guards and other articles containing body fluids.

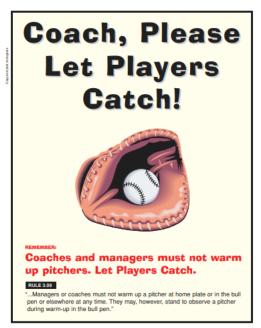
# **Enforcement of Little League Rules**

#### **Requirement 13:**

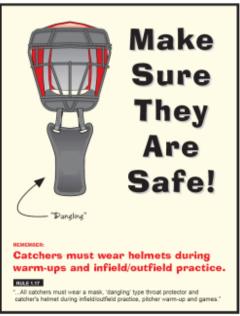
- All volunteers must have a volunteer application filled out and on file with the League. Our league will provide annual background checks.
- No laminated bat shall be used... (rule 1.10)
- The traditional batting donut is not permissible... (rule 1.10)
- A pitcher shall not wear any items on his/her hands, wrists or arms which may be a distraction to the batter. White long sleeve shirts are not permitted... (rule 1.11)
- Pitcher shall not wear sweat bands on his/her wrists... (rule 1.15)
- Players must not wear jewelry... (rule 1.11)
- Catcher must wear a catcher's mitt... (rule 1.12)
- All batters must wear protective batting helmets, all helmets must bear the NOCAE stamp, No painting, or stickers on helmets... (rule 1.16)
- All male players must wear athletic supporters. Male catchers must wear the metal, fiber, or plastic type protective cup.
- A catcher's helmet must have the dangling type of throat protector and catcher's helmet during infield/outfield practice, pitcher warm-up and games.
- Skull caps are not permitted... (rule 1.17)

- Each team is allowed three coaches in the dugout...
- Coaches are encouraged to discourage "horseplay"
- No on deck batters are allowed in the Majors and below... (rule 1.08)









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#### **Consider the following facts:**

■ The average lightning stroke is 6-8 miles long.

- The average thunderstorm is 6-10 miles wide and travels about 25 miles an hour.
- On average, thunder can only be heard over 3-4 miles, depending on humidity, terrain, and other factors. This means that by the time you hear the thunder, you are already in the risk area for lighting strikes.

**Rule of Thumb:** The ultimate truth about lighting is that it is unpredictable and cannot be prevented. Therefore, a manager or coach who feels threatened should contact the head umpire and recommend stopping play and clearing the field. In our league the umpire makes the decision as to whether play is stopped. Once play is stopped, take the kids to safety until play resumes or the game is called.

Where to Go? No place is safe from lightning threat, but some places are safer than others. Constructed buildings are usually the safest. Most people will find shelter in a fully enclosed metal vehicle with the windows rolled up. If you are stranded in an open area, put your feet together, crouch down and put your hands over your ears to prevent eardrum damage.

Where not to go? Avoid high places and open fields, isolated trees, unprotected gazebos, rain or picnic shelters, dugouts, flagpoles, light poles, bleachers, metal fences and water.

#### First Aid for a Lightning Victim:

- Call 911 immediately.
- Typically, the lightning victim has similar symptoms as that of someone having a heart attack. Consider: will moving cause more injury. If the victim is in a high-risk area, determine if movement is necessary. Lightning does strike twice in the same place. If you are not at risk, and moving is a viable option, you should move the victim.
- If the victim is not breathing, start mouth to mouth resuscitation. If it is decided to move the victim, give a few quick breaths prior to moving the victim.
- Determine if the victim has a pulse. If no pulse is detected, start cardiac compressions as well.

NOTE: CPR should only be administered by a person knowledgeable and trained in the technique.

Remember: Safety is everyone's job. Prevention is the key to reducing accidents to a minimum. Report all hazardous conditions to the Safety Officer or another Board Member immediately. Do not play on an unsafe field or with unsafe equipment. Check the teams' equipment prior to each use.

# **Hydration**

# Managers are required to bring water to each practice and game. Players are encouraged to bring bottled water or sports drinks.

#### **Tips to Prevent Heat Illness:**

- Know that once you are thirsty you are already dehydrated.
- Drink before you become thirsty.
- Drink plenty of liquids like water, or sports drinks every 15 minutes.
- Water seems to be the preferred beverage. Water has many critical functions in the body that are important for performance. They include carrying oxygen and nutrients to exercising muscles.
- Do not drink beverages with caffeine before practice or games. Caffeine can increase the rate of dehydration.
- Do not exercise vigorously during the hottest time of the day.
- Practice in the morning and during the latter part of the evening.
- Wear light color loose cloths.
- Use sunscreen to prevent sunburn.
- If you begin to feel faint or dizzy stop your activity and cool off by sitting in the shade, air-conditioned car or using a wet rag to cool you off.

#### How is it treated?

Emergency medical treatment is necessary. If you think someone has heatstroke, call 911 or a doctor immediately. In the meantime, give first aid as follows:

- Move the person to a shady area.
- Cover the person with a wet sheet and keep the sheet wet for cooling from evaporation.
- Fan the person with paper or an electric fan (preferably not cold air).
- Sponge down the body, especially the head, with cool water.
- Continue giving first aid until the body feels cool to the touch.
- If the person is conscious let them sin water fruit inice, or a soft drink.



# **Submitting Player, Manager and Coach Data**

#### **Requirement 14:**

Player, Manager, and Coach information will be submitted through the Little League Data Center at <a href="https://www.littleleague.org">www.littleleague.org</a> by February 15 2024, or two weeks following the draft.

#### **Requirement 15:**

We will answer the survey questions in the Little League Data Center.

# **Concussions**

All 50 states have laws specific to the management of concussions and head injuries. Some states require not just leagues but DA's, ADAs, and umpires to undergo annual training.

- Some states may affect only school-based activities, but many also address any group using school facilities or grounds for athletic purposes.
- Little League has developed a concussion overview page for each state that will be like the Child Abuse page.
- The CDC (Centers for Disease Control and Prevention) website is a great tool for leagues to encourage their managers/coaches, parents, and players to review concussion information www.cdc.gov/concussion/HeadsUp/youth.html Concussions
- DA's must also be aware of their state's respective laws, especially during any Special Games events or International Tournament games being hosted by the district.
- Failure to adhere to these laws could expose the district and/or host to unwanted liability and penalties Some states require that the participant and a parent/guardian must sign and acknowledge that they understand the risks of concussions before they can participate
- The majority of states also require immediate removal from competition if a person has sustained a concussion and that they cannot return until being released in writing by a medical professional.



#### Boulder City Little League Concussion Prevention, Treatment and Management Policy

The Legislature enacted a law which requires youth sports organizations to adopt a policy concerning the prevention and treatment of injuries to the head which may occur during a youth's participation in competitive sports, including, without limitation, a concussion of the brain.

A concussion is a brain injury that results from a bump, blow or jolt to the head or body which causes the brain to move rapidly in the skull and which disrupts normal brain function. The Centers for Disease Control and Prevention of the United States Department of Health and Human Services estimates that as many as 3.8 million concussions occur each year in the United States which are related to participation in sports and other recreational activities. Athletes who continue to participate in an athletic activity while suffering from a concussion or suffering from the symptoms of an injury to the head are at greater risk for catastrophic injury to the brain or even death. Ensuring that a Little League player who sustains or is suspected of sustaining a concussion or other injury to the head receives appropriate medical care before returning to baseball activity will significantly reduce the child's risk of sustaining greater injury in the future.

THEREFORE, **Boulder City Little League** hereby adopts the following policy for purposes of prevention, treatment, and management of injuries to the head that may occur during a player's participation in the Little League program, including, without limitation, a concussion of the brain:

- 1. Prior to a team's first practice each season, every manager, coach, and adult assistant shall:
- a) Familiarize themselves with the CDC publication "Heads Up Concussion in Youth Sports A Fact Sheet for Coaches". This publication will be provided to all such individuals by the League Safety Officer or other Board members; and,
  - **b)** Complete the CDC on-line training course at: https://www.train.org/cdctrain/course/1089818/

A copy of the Certificate of Completion for each of the above individuals shall be submitted to the League Safety Officer.

- **2.** If a Little League player sustains, or is suspected of sustaining, an injury to the head while participating in any Little League game or even the player must:
- **a.** Be immediately removed from the game or event; and
- **b.** May only return to Little League activity if the parent or legal guardian of the player provides a signed statement from a provider of health care indicating that the youth is medically cleared for Little League participation and the date on which the player may return to participation.
- **3.** The Little League player and his or her parent or legal guardian must sign the statement below acknowledging that they have read and understand the terms and conditions of the policy and agree to be bound by the policy.

# Boulder City Little League Concussion Prevention, Management and Treatment Policy Player and Parental Acknowledgement

We, the undersigned, acknowledge that we have been provided with a copy of the Boulder City Little League Concussion Prevention, Management and Treatment Policy, and that we have read and understand the policy, or it has been read to us and we understand the same. We hereby agree to follow all procedures set forth in said Policy at all times during which our son or daughter participates in Little League activities and events.

Dated:	Player	
Dated:	Parent/Legal Guardian	Parent/Legal Guardian
<b>LEAGUE USE:</b> Division:	Теат:	

# **Safe Sports Act**

- "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became federal law in 2018
- The goal of SafeSport is to protect children from abusive situations by engaging more people in the reporting and education processes
- A volunteer now can be held legally responsible if they have firsthand knowledge and fail to report any type of Child Abuse to the correct parties
- SafeSport covers all types of Child Abuse both physical and psychological
- SafeSport prompted USA Baseball to create Pure Baseball

## **USA Baseball Pure Baseball Initiative**

- Little League International and all local little league programs must adhere to the following requirements from the SafeSport Act:
- Reporting of Abuse involving a minor to the proper authorities
- All volunteers of a local league are now mandated reporters and could face criminal charges if the league chooses to ignore, or not report to the proper authorities, any witnessed act of child abuse, including sexual abuse, within 24 hours.
- Local leagues must be aware of the proper procedures to report any type of abuse in their state. Please reference www.LittleLeague.org/ChildAbuse
- Leagues must adopt a policy that prohibits retaliation for "good faith" reports of child abuse.
- Leagues must adopt a policy that limits one-one-one contact with minors.
- Leagues are highly encouraged to complete the Abuse Awareness training provided by USA Baseball and/or SafeSport.

https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/

https://www.usabdevelops.com/ItemDetail? iProductCode=OCAAA&Category=ONLINE&WebsiteKey=f50aacb2-a59e-4e43-8f67-29f48a308a9e





# Accident Notification Form Page 1 (Parent/Guardian Statement)

# ACCIDENT NOTIFICATION FORM INSTRUCTIONS

INSTRUCTIONS

Send Completed Form To: Little League, International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674

Accident & Health (U.S.)

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League
  Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/
  dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
- 6. Accident Claim Form must be fully completed including Social Security Number (SSN) for processing.

League Name						H	eague I.E	3.	
			PART 1						
Name of Injured Person/Clai	ment	SSN	PART	Date of Birt	h (MM/DDA	Y) A	ge	Sex	
				1				☐ Female	□ Male
Name of Parent/Guardian, if	Claimant is a Minor			Home Phon	e (Inc. Area	Code) B	us. Phon	e (Inc. Area (	Code)
				1( )		1	( )		
Address of Claimant			D.A.	tress of Parent	Cuartian i	f different			
Address of Classics			~	a cas or races	Guardian, I	- Carrenan			
The Little League Master Acc	cident Policy provide	o honofite	n excess of b	enefits from ot	her insurance	e progrer	na subje	of to a \$50 de	ek estible.
per injury. "Other insurance p	programs" include fa	mily's pers	onal insurance	, student insur	ance throug	h a schoo	d or insur	rance through	
employer for employees and	family members. Pl	lease CHEC	CK the approp	riate boxes bek	w. If YES,	follow inst	ruction 3	above.	
Does the insured Person/Par	rent/Guardian have	any insurer	nce through:	Employer Plan		□No	School F	Man □Yes	□No
				Individual Plan	□Yes	□No	Dental F	*lan □Yes	□No
Date of Accident	Time of Accide	int	Type of Injury						
	I DA	м прм	1						
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Describe exactly how accide	nt rappened, includ	ang payang	position at the	e time of accode	m.				
Check all applicable respons									
□ BASEBALL □			PLAYER		□ TRYO			SPECIAL E	
□ SOFTBALL □		(4-7)	MANAGER, (		□ PRAC	TICE DULED (		SPECIAL O	
☐ CHALLENGER ☐ TAD (2ND SEASON) ☐		(6-12) D	VOLUNTEER PLAYER AGE			EL TO	AME -	(Submit a c	
D IAD (ZAD SEASON) D				OREKEEPER		EL FROM		your approx	
			SAFETY OF			NAMENT		Little Leagu	
0			VOLUNTEER		_	R (Descri		Incorporate	a)
	324011 (23-20)						,		
I hereby certify that I have re	and the encurers to a	di norte of ti	nia form and to	the best of m	lana dadaa	and balls	of the infe	emotion cont	nined is
complete and correct as here		in parts or t	sa form and s	of the Deat Of His	KITOWNOOGN	and bein	in tree inte	ormanon com	annero re
I understand that it is a crime		stantionally	attempt to de	fraud or knowin	oly facilitate	o fraud c	anningt a	n insurer by	
submitting an application or f									9.
I hereby authorize any physic									
that has any records or know									
Little League and/or National									
as effective and valid as the	original.								
Date C	laimant/Parent/Guar	rdian Signa	ture (In a two	parent househo	ld, both per	enta mus	t sign this	(form.)	
							-	,	
Date C	aimant/Parent/Guar	rdian Signal	ture						

# Accident Notification Form Page 2 (League Use Only)

#### For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

#### For Residents of New York:

Any parson who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

#### For Residents of Pennsylvania

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

#### For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)								
Name of League	League I.D. Number							
Name of League Official			Position in League					
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: ( ) Business: ( ) Fax: ( )						
	Were you a witness to the accident?  Provide names and addresses of any known witnesses to the reported accident.							
	te items below. At least one item in e							
POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY					
01 1ST   02 2ND   03 3RD   04 BATTER   05 BENCH   05 BENCH   07 CATCHER   08 COACH   09 COACHING BOX   10 DUGOUT   11 MANAGER   12 ON DECK   13 OUTFIELD   14 PITCHER   15 RUNNER   16 SCOREKEEPER   17 SHORTSTOP   18 TOFROM GAME   19 UMPIRE   20 OTHER   21 UNKNOWN   22 WARMING UP	01 ABRASION 02 BITES 03 CONCUSSION 04 CONTUSION 05 DENTAL 06 DISLOCATION 07 DISMEMBERMENT 08 EPIPHYSES 09 FATALITY 10 FRACTURE 11 HEMATOMA 12 HEMORRHAGE 13 LACERATION 14 PUNCTURE 15 RUPTURE 16 SPRAIN 17 SUNSTROKE 18 OTHER 19 UNKNOWN 10 PARALYSIS/ PARAPLEGIC	01 ABDOMEN 02 ANKLE 03 ARM 0 04 BACK 0 05 CHEST 0 06 EAR 0 07 ELBOW 0 08 EYE 0 09 FACE 0 10 FATALITY 0 11 FOOT 0 12 HAND 0 14 HIP 0 15 KNEE 0 16 LEG 0 17 LIPS 0 18 MOUTH 0 19 NECK 0 20 NOSE 0 21 SHOULDER 0 22 SIDE 0 23 TEETH 0 24 TESTICLE 0 25 WRIST 0 26 UNKNOWN	01 BATTED BALL 02 BATTING 03 CATCHING 04 COLLIDING 05 COLLIDING WITH FENCE 06 FALLING 07 HIT BY BAT 08 HORSEPLAY 09 PITCHED BALL 10 RUNNING 11 SHARP OBJECT 12 SLIDING 13 TAGGING 14 THROWING 15 THROWN BALL 16 OTHER					
		☐ 27 FINGER						
Does your league use betting helmets with attached face guards?  If YES, are they IMandatory or IOptional At what levels are they used?  Thereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the								
time of the reported accident. I als best of my knowledge.	io certify that the information contain	ned in the Claimant's Notif	fication is true and correct as stated, to the					
Date League Official Signature								